

Island Flex

Flexible Spending Accounts Program

Open Enrollment Dates: March 1 - April 28, 2023

What is it?

Island Flex is a flexible spending accounts benefit program that was implemented in July of 2000. With Island Flex, you will be able to pay eligible out-of-pocket medical, dental, drug and vision expenses, as well as dependent care expenses, such as preschool tuition and adult day care expenses, with BEFORE-TAX dollars. That means you do not pay Federal, State or Social Security taxes on those monies. This results in more take-home pay for you!

Who's eligible to enroll?

Employees of the Executive, Judicial, and Legislative Branches, OHA and HHSC, who are members of the Employees' Retirement System are eligible.

How do I get more information?

Be sure to view one of the webinars being conducted during the open enrollment period from March 1, 2023 to April 28, 2023. See Webinar Schedule below.

If I'm currently participating in Island Flex, do I need to re-enroll?

Yes, you must submit a new enrollment form during the open enrollment period to designate the amount you would like to contribute for the new plan year. Otherwise, your participation in the plan year will end on June 30, 2023.

If I still have funds left in my Medical Spending Account and do not wish to add any new money to my account, do I need to re-enroll?

No, you do not need to re-enroll in the Plan if you only wish to use the funds remaining in your medical spending account, up to the maximum \$550 limit, that will be automatically rolled over to the new plan year. However, if you would like to make contributions during the 2023-2024 plan year, you must submit a new enrollment form during the open enrollment period indicating how much you would like to contribute for the new plan year. If you only have rollover funds and not contributing, the monthly administration fee will be deducted from the rollover balance instead of your paycheck.

Webinar Schedule

Instructions found at: www.nbsbenefits.com/islandflex

Date	Time	Date	Time
March 1, Wed	10:30am, 1:30pm	April 3, Mon	10:00am, 12:30pm
March 2, Thurs	8:30am, 12:00pm	April 4, Tues	8:30am, 3:00pm
March 3, Fri	11:00pm, 3:00pm	April 6, Thurs	9:00am, 1:30pm
March 7, Tues	9:00am, 3:00pm	April 10, Mon	11:00am, 3:00pm
March 8, Wed	8:30am, 12:00pm	April 12, Wed	8:30am, 12:30pm
March 9, Thurs	10:00am, 1:30pm	April 13, Thurs	10:00am, 1:30pm
March 13, Mon	12:00pm, 3:00pm	April 14, Fri	9:00am, 12:00pm
March 14, Tues	10:00am, 1:30pm	April 17, Mon	10:30am, 1:30pm
March 15, Wed	9:00am, 12:30pm	April 18, Tues	11:00am
March 16, Thurs	8:30am, 11:00am	April 19, Wed	12:00pm, 3:00pm
March 22, Wed	10:00am, 12:00pm	April 20, Thurs	12:30pm
March 23, Thurs	10:30am, 3:00pm	April 25, Tues	1:30pm
March 24, Fri	9:00am, 1:30pm	April 27, Thurs	9:00am
March 29, Wed	10:00am, 3:00pm	April 28, Fri	12:00pm
March 30, Thurs	9:00am, 1:30pm		
March 31, Fri	8:30am, 12:00pm		

State employees are allowed to use up to 1 hour of work time to view the Island Flex webinar.

Sessions are approximately 45 minutes to 1 hour long. Sponsored by the State of Hawaii, Department of Human Resources Development.

TO DOWNLOAD ENROLLMENT FORMS OR TO JOIN ONE OF THE SCHEDULED WEBINARS, VISIT www.nbsbenefits.com/islandflex

ENROLLMENT FORMS MUST BE POSTMARKED NO LATER THAN APRIL 28, 2023

NOTE: If you need any auxiliary aids or services (sign language interpreters, large print, etc.) contact National Benefit Services, LLC at 808-465-2284 at least seven days prior to the webinar you plan on attending. Neighbor islands may call toll-free at 1-855-399-3035

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